

# **Abstract**

**Title of the thesis:** Physical activities of students in special primary schools in the central Bohemian region

**Aim of the study:** The aim of the thesis is a comprehensive survey of physical activities provided by special primary schools in the Central Bohemian region.

**Method:** We used a method of an empirical research. We studied a representative sample of special primary schools located in the Central Bohemia region in order to ascertain characteristics of the objects of observation. The variant of research was a status method. The method of data collection was a questionnaire.

**Results:** The results of the research show a different range of physical activities offered by schools included in our study. The structure of physical education lessons is rich and follows the needs of their students. 90 % of schools organize one-day- programmes focused on physical activities. 70% of schools organize programmes lasting more days, 30 % of schools do not organize programmes of this kind. 70 % of schools offer no sports courses. The survey also revealed the fact that 50 % of schools offer no after-school clubs focused on physical activities. 30 % of schools organize ball games clubs, 20 % table tennis clubs, 20 % physical education for students with health problems, 10 % dancing club. 100 % of schools organize sports competitions on school base, 60 % sports competitions on regional base. 80 % of schools enter athletics competitions as well as ball games matches. Only 20 % of schools participate in table tennis matches and bicycle races. Only 10 % of schools participate in competitions focused on traffic regulations knowledge, trekking and orientation running races.

**Key words:** physical activities, physical coordination, physical education, specific learning and behaviour disorders, special schools.